

nativus

MEDICAL AESTHETICS

Falkoner Alle 68
2000 Frederiksberg

Patient information: Treatment of wrinkles and furrows with non-permanent fillers

What are non-permanent fillers? Non-permanent fillers consist of a gel of the same type of hyaluronic acid, which occurs naturally in the body's connective tissue. The different non-permanent fillers differ in the consistency (viscosity) of the gel and whether there is anything other than hyaluronic acid mixed in it (e.g. local anesthetic). The thickest gels are used for treating cheeks, the second thickest for deeper grooves and folds, e.g. furrow from nose to mouth. The slightly thinner ones are suitable for wrinkles e.g. at the mouth and in the forehead. Finally, there are non-permanent fillers specifically for the lips.

What does the treatment do? With age, the amount of hyaluronic acid in the skin is reduced and the skin becomes softer. When non-permanent fillers are injected into folds, these are filled and smoothed because the gel gives new volume to the skin and makes it more resilient. As there is a continuous degradation of hyaluronic acid in the skin, the effect will diminish gradually.

How is the treatment done? The clear gel is injected into the skin with a thin needle. The gel contains local anesthetic, which reduces the greatest discomfort associated with treatment. The treatment lasts a few minutes.

If the treatment is to be discontinued, the filler can be removed by injecting an enzyme which degrades it.

Can undesirable effects occur? Immediately after the treatment, the skin will respond to the injection by being light to moderately swollen, red and sore. This reaction disappears after a few days. Make-up must not be applied until 12 hours after treatment.

Infections are rarely seen, but at the sign of this, contact a doctor as antibiotic treatment may be necessary. Some have a pimple-like rash in the area and cold sores (herpes) can be reactivated. In very rare cases, the redness of the skin may last for several months, or persistent connective tissue nodes may form below and within the skin itself. Irregularities may occur in the deposition of the gel and possibly an over-correction of the wrinkle. This fades by itself as the filler breaks down.

Filler is a very safe treatment with very rare side effects and late effects. In rare cases,

infection can occur and in very rare cases, nodular formation and closure of blood vessels can occur, which can ultimately lead to damaged skin and blindness.

How long does it take to see the effect? The effect of the treatment depends on the injection technique, but most often a good effect is immediately seen with full or partial smoothing of the treated wrinkles.

Our emergency phone number is always open: 40448815

How long does the treatment last and how often can it be repeated? It is very individual how long the treatment lasts. As a rule, results last from 4-12 months.

Combination treatment with botulinum toxin can give a more durable result especially in the area between the eyebrows. Here it is an advantage to treat with botulinum toxin first and then filler.

Two weeks after the first treatment, the filler has adapted to the tissue, and then it is possible to re-treat if desired.

Information and consent

After reading this written information, you should have oral information about the treatment and the opportunity to ask questions. Here you have the opportunity to bring a assessor.

After the oral information, there must be at least 2 days of reflection before giving consent for treatment.

Your consent must be given orally and in writing and will be filed in your journal.

The undersigned declares to have read and understood the above information and consents to treatment and risks.

Name / CPR Number (social security number)

Date / Signature